

Twenty years from now  
you will be more disappointed  
by the things that you didn't  
do than by the ones you did do.  
So throw off the bowlines.  
Sail away from the safe harbor.  
Catch the trade winds in  
your sails.

**Explore. Dream. Discover.**

– Mark Twain



**LEARN MORE ABOUT  
Set Sail Kansas**

Visit us Online at:  
[SetSailKS.com](http://SetSailKS.com)



### **COURSE CONTENT INCLUDES:**


- ✔ Basic Boat Handling Skills
- ✔ Sailing Terminology
- ✔ Knot Tying
- ✔ Sailing Theory
- ✔ Sunfish & Keelboat Instruction
- ✔ Water and Small Craft Safety

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# Adult Learn to Sail

with Set Sail Kansas  
Summer 2024 at Cheney Lake

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# Adult Learn to Sail

Adult learn to sail classes have been taught at Cheney Lake for over 40 years. The NSA Learn to Sail Course was developed in conjunction with the U.S. Sailing Association and is for adults, age 18 years or older.

Sessions 1, 2 and 3 include 20 hours of instruction, both in the classroom and on the water using Sunfish sailboats.

Session 4 (TBA) is a one day advanced course covering basic keelboat handling. NSA Basic Sailing class or previous sailing experience is a prerequisite.

Classes are led by a team of enthusiastic, experienced volunteers of the NSA who were trained by the U.S. Sailing Association.

The week night portion of the class (Thursday) meets at the CoBank Building in downtown Wichita and the sailing portion (Saturday & Sunday) meets at the cove at Ninnescah Sailing Association on Cheney Reservoir.

## COURSE CONTENT INCLUDES:

- Basic Boat Handling Skills
- Sailing Terminology
- Knot Tying
- Sailing Theory
- Sunfish & Keelboat Instruction
- Water and Small Craft Safety

**PREREQUISITES:** To enroll in the adult NSA Learn to Sail course, you must be at least 18 years old. You must be able to swim 25 yards, be able to float or tread water for two minutes and put a lifejacket on in deep water.

*It is essential that you feel safe in the water!*

## Adult Class Schedule

### SESSION 1

Thurs, June 20th, 6 - 9pm

Sat, June 22nd & Sun, June 23rd, 8am - 5pm

### SESSION 2

Thurs, July 11th, 6 - 9pm

Sat, July 13th & Sun, July 14th, 8am - 5pm

### SESSION 3

Thurs, August 15th, 6 - 9pm

Sat, Aug 17th & Sun, Aug 18th, 8am - 5pm

### SESSION 4 - Basic Keelboat\*

Sat in August - TBA, 8am - 5pm

*\*NSA Basic Sailing Class or previous sailing experience is a prerequisite for Basic Keelboat.*

## Adult Class Locations

### THURSDAYS

CoBank Building | 245 N. Waco | Wichita, KS

### SATURDAY & SUNDAY


Cheney Reservoir, The Cove at Ninnescah Sailing Assoc.

### NINNESCAH SAILING ASSOCIATION

GPS COORDINATES:

N37 43.154 W97 49.538

## CONTACT US FOR MORE INFORMATION

 (316) 650-3937

 learn2sail@ninnescah.org

SetSailKS.com



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## Registration

Pre-registration is required and must be completed by mail or online at SetSailKS.com.

## Registration Fees

Session 1, 2 & 3 - Basic Learn to Sail

\$195 for NSA Members & \$250 for Non-Members

Session 4 - Basic Keelboat

\$75 for NSA Members & \$125 for Non-Members

Enroll with a friend or family member and receive 1/2 price off the second person's enrollment fee.

Class fees include course materials and the use of sailboats, life jackets and other safety equipment.

Register online at SetSailKS.com with a credit card or by mail with a check or money order and the form below.

Class Size Is Limited, So Register early!

*Our Cancellation Policy is listed in detail on our website - If cancelled 30 days before the start date, your class fees will be refunded.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City / Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Email \_\_\_\_\_

NSA Member \_\_\_\_\_ Non-Member \_\_\_\_\_

Session Number \_\_\_\_\_

Please make checks payable to NSA.

Please mail completed form and course fee to:

Learn to Sail Registration  
500 S. Eastridge | Valley Center, KS 67147